

## Rogue Valley Masters 3000 yard Postal Swim Records

3000 yard Swim: Women's Records				
Age Group	Time	Swimmer	Year	Comments
W18-24				
W25-29				
W30-34				
W35-39	49:51.23	Janice Tacconi	1999	
W40-44				
W45-49	51:34.97	June Mather	2000	
W50-54	55:55.00	June Mather	2003	
W55-59	47:41.20	Geri Mathewson	2005	
W60-64				
W65-69				
W70-74				
W75-79				
W80-84				
W85-89				
W90-94				

3000 yard Swim: Men's Records				
Age Group	Time	Swimmer	Year	Comments
M18-24				
M25-29				
M30-34	36:58.37	Matt Miller	2011	
M35-39	35:43.20	Matt Miller	2012	
M40-44				
M45-49	40:20.99	Robert Jessop	1999	
M50-54	44:50.01	Craig Mater	2003	
M55-59	45:48.35	Frank Phillips	1999	
M60-64	44:42.99	Dan Gray	2005	
M65-69				
M70-74				
M75-79				
M80-84				
M85-89				
M90-94				