

Rogue Valley Masters 5000 meter Postal Swim Records

5000 meter Swim: Women's Records				
Age Group	Time	Swimmer	Year	
W18-24				
W25-29				
W30-34				
W35-39				
W40-44				
W45-49				
W50-54				
W55-59				
W60-64				
W65-69				
W70-74				
W75-79				
W80-84				
W85-89				
W90-94				

5000 meter Swim: Men's Records				
Age Group	Time	Swimmer	Year	
M18-24				
M25-29				
M30-34	1:09:30.06	Matt Miller	2012	
M35-39	1:10:14.32	Matt Miller	2013	
M40-44				
M45-49				
M50-54				
M55-59	1:35:56.39	Dan Gray	2000	
M60-64				
M65-69				
M70-74				
M75-79				
M80-84				
M85-89				
M90-94				